



MAMA DRAGONS

- Do you have an LGBTQ+ child and need support?
- Have you recently come out and need resources to share with your parents?
- Are you looking to connect with other moms on the same journey?

MAMA DRAGONS IS HERE FOR YOU!

Mama Dragons Supports, Educates, and Empowers Mothers of LGBTQ+ Kids

Our private, secure community provides:

- A network of thousands of moms on similar journeys
- Educational resources for parents and care providers
- Free Suicide Prevention Training
- Group Therapy for parents of LGBTQ+ kids in crisis
- Online groups, regional connections, and advocacy opportunities



MAMADRAGONS.ORG

Looking for an incredible resource for your LGBTQ+ teen (ages 13-18)?

IT GETS BETTER®

It Gets Better uplifts LGBTQ+ youth through storytelling, mentorship, and leadership programs like Changemakers and Youth Voices—helping them share their stories, build community, and lead with confidence. Encourage your teen to explore, connect, and thrive at itgetsbetter.org.



ITGETSBETTER.ORG